Directions to
Walter & May Reuther Family Education
Center
2000 Maxon Road - Onaway, MI 49765
(989) 733-8521

Travel by Car--I-75 Exit 310 (M-68)
M-68 Eastbound 15 miles to County
Road F-05 (Black River Road).
North on F-05 for approximately 5
miles to the Center entrance.
Parking at the Black Lake Center is
reserved for vehicles whose
begins with 1, 2, 4 or 5.

Travel by Air--Michigan Airports:
Pellston Airport - Approximately 45
minutes from the UAW Family
Education Center.
Alpena Airport - Approximately 1 1/2
hours from the UAW Family Educa-
tion Center.
Metropolitan Airport - Approximately 6
hours from the UAW Family Educa-
tion Center.

October 15 - 20, 2006
Sunday through Friday
Employee Assistance Program
(EAP) Conference

Walter and May Reuther
UAW Family Education Center

UAW Community Services
Department
8000 East Jefferson Avenue
Detroit, MI 48214
(313) 926-5513
Fax: (313) 926-5244
E-Mail: llash@uaw.net
CONFERENCE AGENDA

Sunday (Arrival Date)
4:00 p.m. - 6:00 p.m. - Registration

7:00 p.m. - Opening Session

Monday to Thursday
8:45 a.m. - 4:30 p.m. - Concurrent Workshops

Friday (Departure Date)
9:45 a.m. - 10:00 a.m. - Wrap-up

Western Michigan University
College Credits and CEUs will be available.

SPECIAL INTEREST COURSES

Suicide

Relapse Prevention

Internet Abuse and Addiction

Tour of the Walter and May Reuther Family Education Center

Healing Circle

Hepatitis C
CLASSES

A. EAP Core Technology – Focuses on the seven basic core technologies of EAP including how to customize, design, develop and implement a joint Employee Assistance Program. Course recommended for all new EAP Representatives.

B. Community Services Committee Training – Exploring the basic functions of community services committees during a strike, layoff, plant closing or natural disaster.

C. Empathy and Listening Skills – A listening and empathy skill training on EAP interviewing and intervention techniques. Workshop participants will learn how to paraphrase, parrot, use feeling words to gain the trust to get the needed information to make appropriate referrals.

D. Relapse Prevention – Provides participants with a comprehensive review of relapse prevention strategies and interventions that are designed to assist individuals during recovery from substance abuse disorders. Models reviewed include: Gorski’s Neurological Model, Marlatt and Gordon’s Behavioral Model, Daley’s Psychoeducational Approach and AA 12-Step Program.

E. Dealing with Change – Provides the information necessary to assist your membership, their families and yourself in confronting change in our lives—be it layoff, plant closing, relapse, death, marriage, etc. This course will also deal with helping the helpers.

F. Helping the Helper – This workshop considers the place and practice of self-care in the lives of helpers. It will review the history of self-care, the components of effective practice of self-care and techniques and activities that support and enhance the helper’s care of self.

G. Internet Abuse and Addiction – This workshop will focus on internet abuse and addiction. The outcome of this session is for the EAPs to be able to know the signs and symptoms, EAP interventions, and effective treatment of the internet abuse and addiction. The workshop will also address the effects of this disorder on family, relationships, work performance, as well as the inappropriate use of the internet by children and adolescents.

H. Families and Addiction – This course will discuss the complicated and painful issues of families and addiction. There will be information on effects on family, defense mechanisms, physical problems, interventions and a discussion on “Is recovery possible?”