



The Flame



Northern Michigan University Clerical/Technical Union Local 1950
<http://uaw1950.nmu.edu/>

March 2007
The membership is the highest authority of Local 1950

Senator Basham Introduces Legislation to Protect Police Officers in Line of Duty

State Senator Raymond E. Basham of District 8 has introduced a bill that will protect the rights of police officers who work so hard to protect us. This legislation, S.B. 88, will extend the rights of law enforcement agents beyond their assigned jurisdiction, allowing them to come to the aid of anyone, anywhere, without unfair consequences.

This legislation is in response to a local case in which a police officer came upon a car in a neighboring community and stopped to help. His police dog was in his vehicle. When the officer approached the vehicle, he discovered a male (0386) passenger abusing the female driver. The officer was trying to protect the woman when the male passenger attacked him. The trained police dog responded to the attack by shimmying through the half-open window and bit the passenger.

The passenger later sued the city for personal injuries and the city refused to cover the officer because the injury did not occur in its jurisdiction. As a result, this officer was left to personally defend himself in court against a case in which he would have otherwise been.

To read more about Senator Basham and to review other E-newsletters, please refer to his Website at: <http://www.senate.mi.gov/basham/>

Thanks to *Dawn Wilder, Math and Computer Science*

Ray Luibbuka replaced Beth Sanderson as steward for District 2.

Welcome aboard, Ray!

Michigan Child Care Workers Unionize

Last year President Sue Tollefson was on release from our local. During those 4 months, Sue worked for UAW Organizing Department organizing care workers in Michigan. The following article, from the UAW international web site under "Organizing", explains the results of the efforts of Sue and other organizers.

Forty-thousand Michigan home-based child care providers have formed a union with the American Federation of State, County and Municipal Employees (AFSCME) and the United Auto Workers (UAW) in a historic public service organizing drive. Members of the new union, Child Care Providers Together Michigan (CCPTM), met December 13 in Detroit to prepare for their first-ever bargaining session with the State to strengthen quality care and service delivery to children and families.

"It's all about the children," said Pam Stewart, a child care provider from Benton Harbor, Mich. "The best way to give children in Michigan the best possible care is to make sure providers have a voice — because we work our hearts out for these children every day."

In November, the Michigan Employment Relations Commission (MERC) certified that a majority of home-based child care providers chose union representation. Members of CCPTM come from urban, suburban and rural areas and include both English and Spanish-speaking providers.

Stewart is one of 16 members on the CCPTM bargaining committee. Committee members were elected by their co-workers in regional meetings around the state. Top priorities for their first contract include enhancing professional development opportunities and stabilizing the provision of child care through better pay and benefits for providers.

"I'm excited that we're going to have a chance to improve our jobs, for my sake and for the sake of the children who are in my care," said Arleen Hunter, a child care provider from Detroit. "If we can get better training and raise the pay a little, we can cut down on turnover and take better care of these kids." "We believe that improving the situation for providers will improve the quality of care," said Mark Sullivan, executive director of the Michigan Community

(cont. p 4)

Congratulations



Logan Czarnota became a brother when Jacob Warren was born February 19, 2007 in Cottage Grove, MN. Jacob weight 7 lbs. 9 oz. The proud gramma of these handsome little guys is **Pat Woods** (Music Department).

Good and Welfare

Kris Rasmussen received flowers because of her surgery; (9458)

Joan Kendall-Rozman

received a sympathy card - loss of her mother;

Beth Sanderson

received a sympathy card - lost of her father-in-law.



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Thank You

Dear Local 1950 Members~

Thank you for the gift following the birth of my son. We will enjoy seeing him in his new NMU sweatshirt. Your thoughtfulness is very much appreciated.

~Kara Cox

UAW Local 1950:

Thank you for the scholarship money for the winter semester. I'll use it for books. I appreciate it as I finish my degree.

Ryan Bergman

I would like to thank you for your contribution to Northern Michigan University's 2007 Wildcat Wellness Health Fair. We estimate that over 400 - students, faculty, and staff - attended, which exceeded our expected goal for this year. Your generous contribution was a large factor in the high participation the Health Fair received.

Once again, thank you so much for our generous donation to the 2007 Wildcat Wellness Health Fair.

Barb Coleman
Health Fair Coordinator

The March "Take a Break" drawing winners

were: Mary Letts, English;
Norma Miller, Upward Bound;
Kimber Olli, Registrar; (1528)
Patricia Cooke, Student Service
Center



EMPLOYMENT CHANGES

Ruth Holm accepted the Senior Secretary II 4C position in Evaluation Services and Admission to the College of Business effective 2/12/07. She replaces Barb Lantz.

Lara Clifton-Rice's position was reclassified as a Senior Clerk III 4C in Financial Aid effective 1/18/07.

Kathleen Gobert will retire effective 3/1/07.

Senior Citizens Corner

Largest Increase Ever Forecast For Medicare Part B Premiums in 2008

Medicare Part B premiums – which cover doctors' visits, tests, and outpatient hospital care – are forecast to increase by \$15.90 in 2008, the largest amount in the history of the program, according to a new analysis by TREA Senior Citizens League. That would represent a 17 percent increase, from the current \$93.50 per month to \$109.40 per month. A married couple could be faced with close to \$400 in new premiums next year, in addition to the increasing cost of their prescription drug program, covered under Medicare Part D. Read more at <http://www.tscl.org/> or contact the Senior Citizens League at 909 N. Washington St., #300, Alexandria, VA 22314 or (800) 333-8725.

Thanks to Dawn Wilder, Math and CS

The views and opinions expressed in this publication are not necessarily those of the Editor or the Officers of Local 1950, but are those of the individual writers. Articles of interest submitted by Local 1950 members will be printed as space provides; however, they must bear the name of the writers. All articles are subject to review and editing as necessary and are subject to the approval of the Editor, the Local President, and the Officers of Local 1950.

Each issue of the Flame contains 5, 4-digit numbers of the member's choosing. If you see your number, call Rita Leppanen @ ext. 2495. She will issue a \$5 check to you. Denis Johnson, Patty Sarvello, Tracy Vanabel, Bernadette Norden, and Nancy Anderson were our February winners.

PLEASE HELP!

Big Brothers/Big Sisters of Marquette County will be holding its annual "Bowl for Kids Sake" on Saturday, March 24th. This is the group's only fundraiser of the year, and all money raised helps match needy kids with adult mentors in the Marquette County area. If you are interested in making a **tax-deductible contribution**, please make your check payable to **Big Brothers/Big Sisters of Marquette County** and mail it to Kathy Solka in the School of Technology. For further information, please contact Kathy at 2141 or by e-mail at ksolka@nmu.edu. A big thank you to those who have already contributed!

March Trivia

Birthstones: Chalcedony (bloodstone) and aquamarine for courage

Birth Flower: Jonquil

March Flower: Violet



2006-2007 Officers

President - Sue Tollefson
Vice President - Dawn Wilder
Secretary - Michelle Kimball
Treasurer - Rita Leppanen
Sergeant at Arms - Phyllis Zaenglein
Guide - Karen Smith
Trustees - Kelly Dore', Joann Jordon, and Rhonda Peterson
Bargaining Team - Grace Albert, Gary Jerry, Jeff Roo, and Pat Woods

District Representatives

Chief Steward - *Grace Albert*

District 1 - *Jan Crawford* - Cohodas, UC, A&D, and Gries

District 2 - *Ray Liubakka* - Services Building, Jacobetti Center, PEIF, Superior Dome, and Berry Events Center

District 3 - *Suzie Piziali* - West Science, Learning Resources, Magers, New Science Facility, and Whitman

District 4 - *Kimber Olli* - McClintock, Thomas Fine Arts, and Hedgcock

Michigan Child Care Workers Unionize (conclusion)

Coordinated Child Care Association (4Cs), an advocacy, referral and training organization. “As a child care advocate for more than 30 years, I have seen far too many qualified child care providers leave the field because of low pay.”

The providers, who are not State of Michigan employees, are paid through state and federal funds including the Child Care and Development Fund, a national block grant that provides child care assistance to help low-income parents enter and remain in the workforce. A newly formed public partnership, the Michigan Home-Based Child Care Council (MHBCCC), will set policy and develop programs for publicly funded child care providers.

Michigan’s home-based child care providers typically make as little as \$9,000 per year. Michigan’s reimbursement rates have not been raised in 10 years.

“When I drop my child off in the morning on my way to work, I need to know they’re with someone who is well-qualified, dependable and can provide a caring environment,” said Jomita Reeves, a mother of two from Detroit, “If a union can improve training and reduce turnover, I’m all for it.”

The MHBCCC was created in September through an inter-local agreement between the Michigan

Department of Human Services, which administers the state child care program, and Mott Community College, which has a long track record in training and developing child care providers.

Inter-local agreements between different public entities are frequently used in Michigan to improve the delivery and efficiency of public services.

The successful campaign in Michigan is part of a national movement among child care providers, who have recently won representation rights in a number of states, including Illinois, Iowa, Minnesota, New Jersey, Ohio, Oregon, Washington and Wisconsin. In Oregon, providers recently negotiated a groundbreaking contract with the state which includes a “Provider Bill of Rights.”

AFSCME represents more than 220,000 family child care providers, day care center workers, Head Start teachers and early childhood employees.

The UAW represents more than 100,000 workers in government, higher education, automobile design and engineering, health care, child care, early childhood education and other sectors in its Technical, Office and Professional (TOP) Department.

NOTE: The CCPTM recently held election for officers and bargaining committee members.

Thanks to *Sue Tollefson, Local 1950 President*

Collusion: Reporting information on union activities to the administration.

When we go back to our offices and report division within the local on any topic, it weakens the local. It makes it much more difficult during negotiations, grievance meetings, special conferences etc.

Debate should be encouraged at all our meetings, but when the meeting is over and we leave, we need to show we have a unified front and we all stick together and support each other. This gives us all strength individually and as a local.

An example is the differing opinions on the amount the university should contribute to our health insurance. Perhaps some would think the university should contribute \$15,000, some may think it should be \$10,000, and still others may think \$5,000 should

be the max the university should contribute. During negotiations, if the university has information that we are divided, they have the upper hand. They have the advantage, because they know that some people would settle for \$5,000.

We are free to debate any issue, any and all comments are encouraged. However, at the end of the meeting we need to leave united. This benefits us all.

No more reporting to supervisors or Human Resources the debates within the local! This must stop and it must stop now. I have seen documentation of collusion. I have suspected that this was going on for many years. It is absolutely necessary that it stop now!

Thanks to *Susie Piziati, Biology*

HISTORIC MARCH

March 2, 1937 - U.S. Steel Corporation recognizes the Steel Workers Organizing Committee without a strike. This comes on the heels of the Auto Workers' victory at General Motors.

March 3, 1913 - Over 5,000 women march in Washington, DC to demand the right to vote.

March 4, 1917 - Jeannette Rankin is sworn in as the first woman to serve in the U.S. Congress.

March 5, 1770 – Boston Massacre
Crispus Attucks is killed in lead-up to the U.S. Revolution.

March 5, 1910 - Free Speech struggle ends in victory for the Industrial Workers of the World when the city council of Spokane, Washington repeals restrictions on public speaking. Five-hundred activists are arrested in the first month of the civil disobedience campaign.

March 7, 1932 - Five Detroit workers gunned down in Ford Hunger March.

March 8, 1908 - Needletrades women strike over wages, hours and child labor. Two years later the strike is commemorated as the first International Women's Day at a Socialist conference in Europe.

March 9, 1839 - U.S. Supreme Court frees enslaved workers who had seized the ship Amistad.

March 12, 1912 - Victory of Lawrence textile workers followed by wage increase in all New England woolen mills.

March 13, 1991 - APFA (representing 18,000 flight attendants) win fight against American Airlines policy of weight discrimination against employees.

March 17, 1886 - First strike by school children. Pupils in Brooklyn, NY picket to protest a 10 cent per week fee.

March 17, 1970 - Postal workers' wild cat strike results in formation of American Postal Workers Union.

March 19, 1970 - Two hundred women seize the New York offices of "Ladies Home Journal." Protestors win agreement to publish a feminist supplement to this magazine.

March 24, 1974 - The Coalition of Labor Union Women (CLUW) was founded by 3,000 union women at meeting in Chicago.

March 25, 1913 - Triangle Shirtwaist Factory fire kills approximately 150 workers, mostly young, immigrant women.

March 26, 1790 - Naturalization Act restricts U.S. citizenship to "free whites."

March 28, 1968 - Martin Luther King, Jr. leads striking sanitation workers on march in Memphis, Tennessee. He is assassinated six days later.



New Michigan Legislation

Claim: Michigan motorists can be fined for not signing the backs of their car registrations.
TRUE.

<http://www.snopes.com/politics/traffic/michigan.asp>

Make sure your car registration has been signed on the back to avoid paying a \$125* fine if you're ever pulled over for anything. This is new legislation in Michigan.

Section 257.223 of the Michigan Vehicle Code states:

(1) Upon receipt of a registration certificate, the owner shall write his or her signature thereon with pen and ink in the space provided. A registration certificate shall at all times be carried in the vehicle to which it refers or shall be carried by the person driving or in control of the vehicle, who shall display the registration certificate upon demand of a police officer.

(2) A person who violates this section is responsible for a civil infraction.

*The fine varies according to local courts.

KNOW YOUR CONTRACT

by Grace Albert, Chief Grievance Officer

Our contract states:

1.5.2 Northern Michigan University and Local 1950 of the UAW recognize and agree that the employment of students is a part of the total financial aid program at the University.

It is understood that student employees will not be hired to replace or displace a bargaining unit employee nor to reduce the number of positions in the bargaining unit.

This provision will not require the University to lay off any student employee nor will it prevent the University from replacing student employees who leave with a like number of additional students.

Students are hired to **assist you**. Only clerical employees should assign tasks and supervise student employees. Student employee hours have increased and clerical hours decreased in the last six years. Some of our positions have been reduced, some eliminated. Your Stewards are gathering data to determine if there has been a violation of this article in our contract. Do not allow students to do your job - you are eroding the union and could be jeopardizing your position.

Search Engine

For several months, I have been using *GoodSearch.com* to search the Internet. Every time I do, money goes to my favorite charity, which I chose from a list provided on the site. You can add a charity, as long as it's nonprofit. These include schools, charities, hospitals and clinics, volunteer services, political organizations, fraternal organizations, professional associations, religious organizations, governmental agencies, etc. Be sure to check that it is not already on the list.

I hope you'll give it a try and support the cause that you care about most. The site is powered by Yahoo! I have had great results every time I've used it, which is often. Check it out.

Phyllis Zaenglein

Speech, Language and Hearing Sciences

HOW TO SAVE MONEY ON GAS

Gas Prices 101 is the consumer's guide to gas savings. They are committed to helping consumers better understand rising gas prices, the effects that everyday decisions have on gas mileage, and simple steps for saving money at the pump. Please check their Website regularly for up-to-date tips, resources, and other useful tools to help consumers everywhere save on gas. For their Ten Tips on How to Save on Gas go to:

<http://www.gasprices101.com/>

Thanks to *Dawn Wilder, Math and CS*

HELP NEEDED

Nate and Rosa James, a married boxer and his wife, moved into the Pine/Ridge Apartments. They are in need of several items: i.e., bed, mattress, sheets, lamps, dresser, TV mirror, table chairs, rugs, desk, night table, etc. Basically everything - they moved here from Boston and lived in married student housing last semester.

Nate is a big guy, 6"5" 201+ pounds, so they would need a BIG bed.

If you can help, please e-mail them at njames@nmu.edu or rjames@nmu.edu or call Sue Tollefson at 2888.

Thanks to *Sue Tollefson, USDEC*

Events in March

American Red Cross Month

Women's History Month

March 3 – National Anthem Day

March 7 – Peace Corps Day

March 8 – International Women's Day

March 11 – Daylight Savings Time Begins

March 12 – Employee Day

March 14 – World Book Day

March 15 – Ides of March

March 16 – Freedom of Information Day

March 17 – Saint Patrick's Day

March 21 – Spring Begins

March 21 – International Day for the Elimination of Racial Discrimination

March 22 – World Day for Water

March 30 – Doctor's Day

COMMITTEE REPORTS

Submitted by Dawn Wilder, Vice-President for UAW Local 1950

EDUCATION COMMITTEE

UAW Local 1950 Scholarship

It's time to starting thinking about applying for a UAW Local 1950 Scholarship for the fall 2007 semester. For more information and forms, please go to our Web Site at <http://uaw1950.nmu.edu/scholarships.htm>.

Applications must be received by the Education Committee no later than Monday, April 16, 2007. Let D.W. at Ext. 1589 or dwilder@nmu.edu know if you have any questions.

Region 1 Education/Training Need Analysis

William P. Webster the Education Representative for UAW Region 1-D has requested that the UAW Local 1950 E-Board participate in an Education and Training Survey. It is my hope that some "mini programs" will result from this survey and will become available for membership meetings. To view the survey, please go to our Website under Members Only. Please contact me at dwilder@nmu.edu with any comments or suggestions for education or training opportunities for our Local.

COMMUNITY SERVICES

The Community Services Committee met at Noon on Tuesday, February 27th in the Jacobetti Commons Area. We had a delicious lunch from the cafeteria there. Attending were Dawn Wilder, Phyllis Zaenglein, and Kathy Solka.

The Community Services Fund is replenished by 50/50 drawings during the December – May Membership Meetings (six meetings) and by donations at the May Luncheon and After Holiday Party. (September – October drawings go to CAP Ticket Sales. (4501) The Membership does not meet during June, July, and August.

The Committee suggests that we have a "donation box" set up at each membership meeting for those people who would like to contribute to Community Services in lieu of or in addition to the 50/50 drawings.

The Committee suggests continuing our Annual Adopt-a-Family and Back-to-School Backpack Campaigns. We also recommend continuing to solicit toiletries at the May Luncheon and paper products and food items (that will not freeze in our car overnight before they are delivered) at the After Holiday's Party. The Committee also feels that because of time and worker constraints all donations from the May Luncheon and After Holiday's Party go to the Harbor Hour/Women's Center.

Big Brothers/Big Sisters Bowl for Kids Sake

It's time again for the BB/BS Bowl for Kids Sake. This is their only fundraiser for the year, and the money raised at this event goes for program administration to match more needy kids with big brothers or big sisters. If you are interested in making a donation or a pledge (BB/BS will bill you after 3/25), please contact Kathy Solka at ksolka@nmu.edu or at 2135. Any donation, no matter how small, is appreciated.

March of Dimes WalkAmerica 2007

Don Oetman, Director of UAW Region 1 wrote to encourage all locals to participate in the March of Dimes WalkAmerica 2007 that will take place at the end of April. Although this is a very worthy cause, the Committee does not feel that we will have enough time to put something together. However, if anyone in our membership would like to take this on, the Committee will be happy to help. For more information, please go to the WalkAmerica Website at <http://www.walkamerica.org>.

NEW HIRE LUNCHEON

A New Hire Luncheon was held in the Marquette Room of the University Center at Noon on Monday, February 26th. UAW Local 1950 likes to have a New Hire Luncheon from time to time to familiarize its new members with some of its officers, to introduce Stewards, and to answer any questions they might have. It's always nice to have a face to go with a name and that's not always easy with such a large group of people.

Please welcome new members, *Denise Alderton*, Senior Secretary for Academic Advising; *Julie Bonner*, Principal Secretary for the Controller's Office; *Melinda Carlson*, Secretary for the NMU Foundation; *Maria Coursey*, Senior Clerk for the NMU Foundation; *Grant Guston*, Academic Electronics Technician for the Learning Resources Division; *Leslie Kallioinen*, Senior Clerk II for Admissions; *Lori Malnor*, Senior Secretary for the Seaborg Center, and *Patricia Wooldridge*, Account Clerk II for Human Resources.

JOB CLASSIFICATION

Susie Piziali requested through FOIA written documentation from the University regarding who determines the duties of clerical positions, and how the University determines if a position is A/P or C/T. Following

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COMMITTEE REPORTS (conclusion)

are excerpts from that correspondence. The full document is on our Website under Members Only.

1. “Who determines what the duties of a clerical position are: The immediate supervisor? Or someone else.”
The University’s response is, “The Supervisor.”
2. “How does NMU determine what employee group the position belongs in?”

“UAW-AP – If more than half the assigned job duties for a position (full- or part-time) of professional level activities which require the exercise of discretion or independent judgment, the position shall be a UAW-AP represented position.”

“UAW-CT – If more than half the assigned job duties for a position (full- or part-time) consist of clerical or technical activities, even though the duties are highly complex and responsible, the position shall be a UAW-CT represented position.”

HEALTH CARE/WELLNESS COMMITTEE (joint University and Union Committee)

Complete minutes of the February 22, 2007 meeting are posted on our Website. As regards health care costs, Kristen Portale reported that health care costs for the month of January 2007 compared to January 2006 were down 4.39%. However, she stated the costs were up approximately 17% for the health plan year (September through January).

It was also reported that despite their limited hours, the Superior Walk-In Clinic located at the Marquette Medical Center appears to be less costly than the Walk-In-Clinic located at MGH.

The M&M Survival Kit

*At the first sign of hot flashes, eat the **RED** ones.*

*Eat the **ORANGE** ones to minimize depression.*

*The **GREEN** ones calm your frustrations, when you want to be left a lone.*

*If you feel a headache coming on, eat the **YELLOW** ones.*

*The **BLUE** one reduces bloating.*

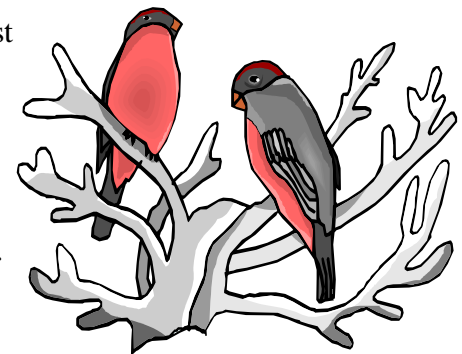
*You can eat the **BLACK** and **BROWN** ones ANYTIME!!*

*If all symptoms occur at the same time, eat the **WHOLE DAMN BAG!***

Tough Month For Wildlife

March is the most difficult month of the year for birds to find adequate food to survive winter in most of North America. That’s because the supplies of natural food....last year’s seeds, fruits, berries and insect eggs and larvae...are at their lowest levels after months of birds feeding on them. (3457) March is too early for a new crop of seeds, fruits, berries, and insects to be available. Therefore, birds have to work harder to find sufficient food during a month when it is still very wintry in much of the country.

That’s why March is the best time of the year to feed birds in the backyard. They will respond more readily to feeder foods offered in March than at



any other time of the year. Isn’t it curious that in fall...October and November...when natural foods are most abundant, people take the greatest interest in feeding birds? It is in fall when there are the greatest number of bird seed sales, bird feeding seminars, bird store sales, and start-up backyard bird feeding efforts. By March, the interest in bird feeding has waned, at a time when the birds need it most.

Though birds are not dependent on feeders for their survival (studies have shown that birds glean 75 percent of their daily food from the wild, even when feeder foods are available), feeding them in March will make life a little easier for them, and under severe conditions, may even save them from starvation.

— George H. Harrison

Source: <http://www.thebackyardbirdwatcher.com/>
Kit and George Harrison are award winning authors, photographers, and television producers. They have written many books on nature and produced 3 PBS specials.

Steward Report

by Grace Albert, Chief Grievance Officer

Your union is in need of a Steward for District One (Cohodas, University Center, Art & Design, Gries Hall). Please contact me if you would like to discuss the position.

There may be one (1) steward and one (1) alternate steward for each Steward District set forth in Section 6.5.3. Each steward and alternate steward shall be a nonprobationary employee working in the Steward District. The

alternate steward shall only function as a steward when the steward is absent from work.

Also, a Steward Training Workshop is being offered in April. The date will be announced later. ANYONE who is interested in being a Steward, learning what a Steward does, and hearing how the grievance procedure works, should attend this workshop. Contact Sue Tollefson (schurchv@nmu.edu) if you would like to attend.

CHAPLAINCY CORNER

Inspiration & Fellowship – February 27, 2007

Note:

One snowy Saturday morning I looked out my apartment window at the 24 inches of new snow that had fallen during the night. I then saw a woman who had gotten her car stuck in the parking lot and she was trying to dig it out. I watched for a few moments, and then decided to go out and help. When I got there, with my shovel in hand, she burst into tears and gave me a big hug and then explained that she absolutely had to get to her sister's house because the storm had knocked out the power to her sister's home and she had a newborn baby to care for. I told her not to worry; that I would help her get her car out. An hour later we had succeeded and she was on her way – and this time, her tears were tears of happiness.

Scripture Passage:

“Cast all your anxiety on Him, for He cares for you.” **1 Peter 5:7**

Reflection:

Pour out your heart to the Lord and let the tears flow. When you humble yourself before the Lord and share with him the core of your being, each personal and private matter, the bond between you will strengthen and it will set you free, because no more will you have to carry the weight of the world on your shoulders alone; your journey through life will be made easier, lighter, less burdened. Why bother the Lord with your troubles? Well, let me put it this way: When you come upon a large piece of furniture that needs moving, do you attempt it alone? No. It is much too heavy and much too large for one person to handle. So you get help, right? The task is made much easier with two people. When the weight of the burden is shared, the burden is lighter. God cares for you deeply; he wants to lighten your load. Share your troubles with him, and breathe easier.

Thought:

That which we cannot do, God can do easily.

Prayer:

Father, thank you for always helping me with my troubles. Help me to always seek your help in everything I do. Help me to show others where to turn when life gets too difficult to handle alone. This I pray in Jesus' name. Amen.

Inspiration & Fellowship is a Christian e-mail ministry designed to bring God to the forefront of your day. To enjoy twice-weekly Inspiration & Fellowship e-mails, send an e-mail request, with your first and last name, to Richard Hoffarth at:

RLHoffarth@comcast.net

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